



CLINIQUE
CHIRURGICALE
DE LAVAL

Post-operative advices : Elbow
Dr Sylvain Gagnon



Post-operative advices : Elbow

Bandages

Once the bandages removed (at the same time as the splint), the Steristrips (little white bandages) will fall in the following days.

Shower

You may shower once the bandages and splint are taken off.

Stitches

The ones used are melting stitches.

Splint

If there is a splint, it will be removed about 1 week after your surgery. It can be removed before if needs be but there is no necessity to keep it longer.

Physiotherapy

According to the surgeon's instructions.

Exercises

According to your pain level.